

2017



spokane health & fitness expo

ALL WEEKEND

**FREE
CLASSES**

see expo website
for details



ATHLETA



JAN 14-15
Spokane County Fair
& Expo Center

Fitness Equipment & Apparel
Crossfit - Barre - Spin - Jiu Jitsu
Yoga - Gymnastics - Fitness Tests
Massage - Supplements & More

NEW! Fitness Swap
Wine Bar Is Back!
Free Classes & Seminars
Sign up online to reserve your spot
Free Samples

expo powered by



SATURDAY

BRAZILIAN JIU JITSU
**NORTHWEST
OPEN** GI NO-GI
TOURNAMENT

SUNDAY

**MOXIE
GAMES**

CROSSFIT
SPOKANE VALLEY

Saturday 10am-6pm
Sunday 10am-4pm

Free Parking

\$8 Admission / \$4 Kids 6-12

Cash Only Please (5 & Under Free)

Good ALL Weekend

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www.SpokaneHealthFitExpo.com

